

HERMANUS TRAILS

LIABILITY DISCLAIMER: PLEASE READ CAREFULLY

I acknowledge that by mountain biking, walking or running on the Hermanus Trails involve risk such as serious injury, illness, death and/or damage to participants, sport and other equipment.

I appreciate and understand the risks involved in the above activities and my participation in it.

I accept these risks and confirm that I use the Hermanus Trails at my own and absolute risk. The land owners, funding partners, representatives, agents and/or staff involved in the trail management and maintenance do not accept any responsibility for any claim whatsoever arising from death, injury or loss and/or damage to person or occasioned by using the Hermanus Trails.

I accordingly hereby indemnify and hold harmless the parties to the fullest extent possible in law against any claims occasioned as a result of my participation on the Hermanus Trails.

I confirm that I understand the meaning and of importance of such disclaimer, the waiver of claims and indemnity and that by agreeing hereto, I am waiving substantial legal rights (on my own behalf and on behalf of my dependants). I acknowledge that I have been free to secure independent legal and/or other advise as to the nature and effect of all provisions of this liability disclaimer, waiver and indemnity and that I have either taken such independent legal action and/or other advice or dispensed with the necessity of doing so.

Hermanus Trails rules and conditions:

- Use the trail at own and absolute risk
 - Only permit holders are allowed on the trails
 - Do not cycle, walk or run alone
 - Abide to Portage, Horse and Dangerous notifications
 - No litter/ no smoking/ no fires/ no shouting is allowed
 - Stay on the marked route
 - No quads, motorbikes and/or vehicles (excluding those of landowners and their staff) are allowed on the route and will be confiscated
 - No power assisted bicycles are allowed
 - Obey the instructions of cycling marshals on the trail
 - Report any transgressions immediately to Paul 082 820 3331
 - The trails are clock wise, no 'against traffic' is allowed
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- IN CASE OF SERIOUS INJURY CALL ER24 ON 084124