

Distance	Overall Pos	Gender	Gender Pos	RaceNumber	First Name	Surname	RaceTime
30km	1	Men	1	3039	Manie	Lubbe	01:21:25
30km	2	Men	2	3033	Martin	Rodenbach	01:23:41
30km	3	Men	3	3013	Benjamin	Giliomee	01:33:20
30km	4	Men	4	3075	Neil	Fourie	01:34:11
30km	5	Men	5	3062	James	Dick	01:34:21
30km	6	Men	6	3072	Marc	Ruwiel	01:38:15
30km	7	Men	7	3038	Arno	Lubbe	01:38:43
30km	8	Women	1	3012	Nicola	Giliomee	01:39:05
30km	9	Men	8	3084	Eugene	Bingle	01:45:15
30km	10	Men	9	3067	Boshoff	Muller	01:46:56
30km	11	Men	10	3021	Luke	Levey	01:47:11
30km	12	Men	11	3029	Johann	Pienaar	01:47:31
30km	13	Women	2	3040	Lolette	Lubbe	01:49:10
30km	14	Men	12	3050	Titian	Kemp	01:50:57
30km	15	Women	3	3034	Rene	van Tonder	01:52:02
30km	16	Men	13	3095	David	Momsen	01:53:06
30km	17	Men	14	3035	Andre	Visser	01:53:13
30km	18	Men	15	3061	Ian	Marais	01:53:26
30km	19	Men	16	3096	Andre	Stadler	01:56:50
30km	20	Men	17	3091	Luke	Meyer	01:57:20
30km	21	Men	18	3094	Ian	Gerber	01:57:25
30km	22	Men	19	3083	Mziwoxolo	Sigenu	01:57:38
30km	23	Men	20	3036	Len	Wilmot	01:59:03
30km	24	Women	4	3056	Debbie	Loots	01:59:10
30km	25	Men	21	3011	Marius	Geldenhuis	01:59:32
30km	26	Men	22	5060	Andrew	Koch	01:59:43
30km	27	Men	23	3009	Dries	de Wet	01:59:56
30km	28	Women	5	3002	Tertia	Brand	02:00:24
30km	29	Men	24	3092	Andre	Lourens	02:02:53
30km	30	Men	25	3022	Clive	Maasch	02:02:55
30km	31	Men	26	3080	Richard	Gaika	02:04:58
30km	32	Women	6	3058	Melanie	Clearly	02:05:45
30km	33	Men	27	3055	Jaco	Smit	02:11:13
30km	34	Women	7	3099	Francesca	Lynch	02:11:24
30km	35	Women	8	3100	Vanessa	Geldenhuis	02:11:30
30km	36	Men	28	3070	Jacques	Grobler	02:12:47
30km	37	Men	29	3074	Hylton	Goatley	02:12:49
30km	38	Men	30	3004	Garth	Burgess	02:12:51
30km	39	Men	31	3082	Reginald	Davies	02:13:05
30km	40	Men	32	3032	Leroy	Reynolds	02:14:57
30km	41	Men	33	3088	Willem	van Zyl	02:15:03
30km	42	Men	34	3087	Dirk Cornelius	van Zyl	02:15:05
30km	43	Men	35	3041	Muller	Burger	02:17:53
30km	44	Women	9	3015	Viv	Gutsche	02:18:14
30km	45	Men	36	3071	Stuart	Goatley	02:18:32
30km	46	Men	37	3051	Mario-Pierre	Le Roux	02:19:27
30km	47	Men	38	3059	Vickus	van Dyk	02:19:28
30km	48	Men	39	3026	Cilliers	Nicholas	02:19:57
30km	49	Men	40	3023	Cilliers	Matthew	02:19:58
30km	50	Women	10	3030	Yolande	Pienaar	02:20:55

30km	51	Women	11	3014	Chantelle	Gleed	02:22:07
30km	52	Men	41	3053	Machiel	Reyneke	02:22:51
30km	53	Men	42	3060	Leonardo	Myburgh	02:23:32
30km	54	Men	43	3020	Mark	Kirkman	02:25:11
30km	55	Women	12	3007	Jennifer	Curry	02:25:14
30km	56	Men	44	3093	Daniel	Lourens	02:27:31
30km	57	Men	45	3052	Ruahan	Kampman	02:35:06
30km	58	Men	46	3081	Leighton	Opperman	02:35:35
30km	59	Women	13	3098	Leanne	Walker	02:39:06
30km	60	Men	47	3097	Johnny	Walker	02:39:13
30km	61	Women	14	3077	Mariana	Smal	02:40:25
30km	62	Men	48	3068	Hannes	Oberholzer	02:41:36
30km	63	Men	49	3019	Leon	Kampman	02:44:24
30km	64	Men	50	3069	Dameon	Stoddart	02:45:04
30km	65	Men	51	3090	John	Kirkby	02:47:06
30km	66	Men	52	3054	Pierre	Uys	02:47:55
30km	67	Women	15	3086	Driekie	van Dyk	02:48:31
30km	68	Women	16	3089	Christina	Kirkby	02:49:38
30km	69	Men	53	3078	Willem	Jonker	02:49:59
30km	70	Men	54	5070	Jan	Pickard	02:51:30
30km	71	Women	17	3073	Caroline	Goatley	02:54:04
30km	72	Men	55	3010	Oliver	Facey	02:54:09
30km	73	Men	56	3003	Charles	Brewer	02:54:13
30km	74	Women	18	3065	Mia	de Villiers	02:54:31
30km	75	Men	57	3066	Dawie	de Villiers	02:54:33
30km	76	Men	58	3063	Japie	Louw	02:56:42
30km	77	Women	19	3064	Ilse	Erasmus	02:56:45
30km	78	Men	59	3079	Edian	Barnard	02:56:49
30km	79	Women	20	3101	Jenna	Walker	02:57:26
30km	80	Men	60	3076	Gideon	Joubert	02:59:00
30km	81	Women	21	3042	Annelien	van Eeden	03:05:30
30km	82	Women	22	3102	Sandy	Hepburn-Brown	03:05:57
30km	83	Men	61	3008	Erad	de Lange	03:20:00
30km	84	Women	23	3024	Dene	Meyer	03:20:04
30km	85	Men	62	3057	Seoffel	Benzien	03:33:02

Distance	Overall Pos	Gender	Gender Pos	RaceNumber	First Name	Surname	RaceTime
50km	1	Men	1	5046	Timo	Cooper	02:12:16
50km	2	Men	2	5074	Paul	Rodenbach	02:20:15
50km	3	Men	3	5022	Jacques	van Zyl	02:25:33
50km	4	Men	4	5009	Schalk	Boonzaaier	02:25:34
50km	5	Men	5	5045	Ryan	Collins	02:29:16
50km	6	Men	6	5015	John	Leppen	02:31:11
50km	7	Men	7	5013	Pieter	Le Roux	02:39:50
50km	8	Men	8	5105	Geoff	Laughton	02:42:15
50km	9	Men	9	5053	Marc	Gleed	02:42:19
50km	10	Men	10	5052	Hein	Giliomee	02:44:37
50km	11	Men	11	5100	Greg	Horsburgh	02:44:42
50km	12	Men	12	5103	Duncan	Napier	02:44:54
50km	13	Men	13	5102	Mike	Georgala	02:44:57
50km	14	Men	14	5076	Lloyd	Samassa	02:48:29

50km	15	Men	15	5064	Gareth	Lynch	02:48:32
50km	16	Men	16	5104	Stephen	Cloete	02:48:38
50km	17	Men	17	5044	Nicholas	Cloete	02:48:42
50km	18	Men	18	5079	Paul	Stafford	02:48:46
50km	19	Men	19	5024	Craig	Raw	02:48:52
50km	20	Men	20	5093	Tony	Miek	02:48:56
50km	21	Men	21	5010	Greg	Squires	02:49:55
50km	22	Men	22	5011	Niel	Wessels	02:50:28
50km	23	Men	23	5061	Philip-Ben	Kotze	02:53:31
50km	24	Men	24	5025	Dirk	Loots	02:57:32
50km	25	Men	25	5030	David	Stonestreet	02:58:27
50km	26	Men	26	5020	Barry	Futter	02:59:52
50km	27	Men	27	5101	Christiaan	Groenewald	03:00:04
50km	28	Men	28	5084	Jampie	Vlok	03:00:23
50km	29	Men	29	5043	Johan	Cilliers	03:01:29
50km	30	Men	30	5018	Mario	Firmani	03:01:31
50km	31	Men	31	5027	Ryall	Daniells	03:06:48
50km	32	Men	32	5021	Coen	Groenewald	03:08:20
50km	33	Men	33	5055	John	Hanekom	03:09:11
50km	34	Men	34	5062	Marius	Lategan	03:09:16
50km	35	Women	1	5023	Sophia	Raw	03:09:19
50km	36	Men	35	5049	Gerhardus	Fourie	03:09:24
50km	37	Men	36	5051	Stuart	Geldenhuis	03:12:19
50km	38	Men	37	5038	Michael	Beatham	03:12:23
50km	39	Men	38	5033	Fannie	Roux	03:13:12
50km	40	Men	39	5029	Theunis	Swai	03:13:15
50km	41	Men	40	5007	Pierre	Malherbe	03:15:22
50km	42	Men	41	5073	Paul	Rodenbach	03:15:33
50km	43	Men	42	5085	Stephen	Becker	03:16:00
50km	44	Women	2	5035	Hayley	Augoustides	03:16:43
50km	45	Men	43	5073	Paul	Rodenbach	03:16:47
50km	46	Men	44	5085	Stephen	Becker	03:16:49
50km	47	Men	45	5092	Neil	Mackellar	03:16:52
50km	48	Men	46	5072	David	Rae	03:16:54
50km	49	Men	47	5036	Michael	Augoustides	03:16:57
50km	50	Men	48	5109	Altus	Mostert	03:19:31
50km	51	Men	49	5019	Maarten	van Dalsen	03:19:36
50km	52	Men	50	5026	Matthew	van der Linden	03:20:19
50km	53	Men	51	5096	Chris	Goatley	03:22:17
50km	54	Men	52	5003	Andre	Brand	03:25:51
50km	55	Men	53	5086	Nicolaas	Landman	03:26:31
50km	56	Men	54	5087	Paul	Galatis	03:26:36
50km	57	Men	55	5088	John	Adams	03:26:38
50km	58	Men	56	5012	Wayne	Fick	03:26:41
50km	59	Men	57	5008	Warren	Mathysen	03:26:58
50km	60	Men	58	5108	Anton	Gaulard	03:28:18
50km	61	Men	59	5107	Lance	Kabot	03:29:30
50km	62	Men	60	5039	Walter	Botes	03:31:16
50km	63	Men	61	5057	Ferdi	Hayes	03:32:05
50km	64	Men	62	5016	Stephen	Thompson	03:34:42
50km	65	Men	63	5099	Monre	Steyn	03:34:56

50km	66	Men	64	5041	David	Chapman	03:37:31
50km	67	Men	65	5001	Carl	Runkel	03:43:05
50km	68	Men	66	5002	Jaco	Uys	03:43:06
50km	69	Men	67	5075	Gideon	Rossouw	03:44:01
50km	70	Men	68	5083	Christian	Vera	03:46:32
50km	71	Men	69	5106	Martin	Lourens	03:47:38
50km	72	Women	3	5068	Lyn	Meissner	03:50:49
50km	73	Women	4	5042	Jennifer	Cilliers	03:50:59
50km	74	Men	70	5014	Brian	Williams	03:53:40
50km	75	Men	71	5078	Cobus	Smit	03:57:54
50km	76	Women	5	5034	Michellw	Kruger	03:59:26
50km	77	Men	72	5097	Jason	Crane	03:59:35
50km	78	Men	73	5098	Tim	Wege	03:59:36
50km	79	Women	6	5031	Cindy	Illing	04:00:20
50km	80	Men	74	5017	Fanie	Visser	04:00:24
50km	81	Men	75	5040	Theunis	Botha	04:01:15
50km	82	Men	76	5095	Ian	Immelman	04:01:17
50km	83	Men	77	5082	Renier	van Greunen	04:01:18
50km	84	Men	78	5080	Darren	Steele	04:01:20
50km	85	Men	79	5048	Lourens	de Wet	04:03:33
50km	86	Men	80	5054	Louis	Groenewald	04:03:34
50km	87	Men	81	5089	Cameron	Stoddart	04:03:47
50km	88	Men	82	5069	Jeremy	Midgley	04:06:16
50km	89	Men	83	5047	Hennie	de Wet	04:08:34
50km	90	Men	84	5071	Oubaas	Pretorius	04:17:21
50km	91	Men	85	5066	Spencer	McNally	04:26:53
50km	92	Men	86	5067	Ryan	McNally	04:26:56
50km	93	Men	87	5081	David	Stevenson	04:26:58
50km	94	Men	88	5091	Gary	Doms	04:44:37
50km	95	Men	89	5094	Johan	Mostert	04:44:39
50km	96	Women	7	5058	Nicola	Illing	04:48:08
50km	97	Women	8	5032	Malu	Ovenstrive	04:48:10