

Distance	Overall Pos	Category	Cat Pos	RaceNumber	First Name	Surname	RaceTime	Age	Gender
6	1	Junior	1	107	Shaun	O'Brien	00:34:58	10	Male
6	2	Male	1	96	Bertus	Naude	00:35:17	46	Male
6	3	Male	2	98	Reinder	Nauta	00:35:53	46	Male
6	4	Male	3	93	Laurens	van der Merwe	00:37:10	16	Male
6	5	Female	1	208	Henriette	Biesenbach	00:38:07	25	Female
6	7	Female	2	95	Tawani	Naude	00:39:14	19	Female
6	8	Female	3	101	Debbi	van Schalkwyk	00:41:46	36	Female
6	9	Female	4	102	Wilmie	Henson	00:45:12	17	Female
6	10	Female	5	106	Lorna	O'Brien	00:45:18	41	Female
6	11	Female	6	109	Michelle	Hardie	00:46:51	46	Female
6	12	Female	7	108	Patrick	O'Briew	00:47:44	49	Female
6	13	Junior	2	111	Christoff	Jordaan	00:48:13	11	Male
6	14	Female	8	116	Heleen	du Toit	00:48:15	37	Female
6	15	Male	4	115	Marini	Erasmus	00:48:16	37	Male
6	6	Female	9	91	Sandra	Hepburn-Browne	00:51:13	53	Female
6	16	Female	10	94	Vicky	Meyer	00:51:59	28	Female
6	17	Female	11	100	Pia	Nanny	00:53:11	30	Female
6	18	Junior	3	112	Melissa	Jordaan	00:58:12	9	Female
6	19	Male	5	210	Francois	Neethling	00:58:53	25	Male
6	20	Female	12	209	Cayla	Visser	00:58:56	21	Female
6	21	Female	13	92	Ronel	van der Merwe	01:00:17	51	Female
6	22	Male	6	89	Keith	Williams	01:00:34	58	Male
6	23	Female	14	90	Rachel	Williams	01:00:37	59	Female
6	24	Female	15	99	Helena	Kotze	01:00:58	40	Female
6	25	Female	16	91	Sandra	Hepburn-Browne	01:01:03	53	Female
6	26	Female	17	97	Elzabe	De Villiers	01:01:14	38	Female
6	27	Female	18	103	Ammie	Henson	01:01:32	19	Female
6	28	Male	7	104	Len	Henson	01:01:34	52	Male
6	29	Male	8	113	Etienne	Jordaan	01:04:52	37	Male
6	30	Female	19	114	Pamela	Jordaan	01:04:59	36	Female
6	31	Male	9	110	Hayley	Newman	01:07:18	29	Male
6	32	Female	20	88	Adele	Crous	01:07:33	30	Female
6	33	Male	10	74	Juan	Loubser	01:10:11	28	Male
6	34	Female	21	75	Isabel	Loubser	01:10:12	29	Female
6	35	Female	22	105	Annemarie	Kruger	01:10:14	59	Female

Distance	Overall Pos	Category	Cat Pos	RaceNumber	First Name	Surname	RaceTime	Age	Gender
12	1	Male	1	203	Frank	Gillion	01:13:43	53	Male
12	2	Female	1	62	Nicole	Venter	01:14:29	30	Female
12	3	Male	2	59	Dolph	Du Plessis	01:17:27	31	Male
12	4	Female	2	211	Driekie	van Dyk	01:31:37	36	Female
12	5	Male	3	201	Coby	Ludick	01:33:23	16	Male
12	6	Male	4	205	Peter	Fosseus	01:38:57	41	Male
12	7	Male	5	202	Jody	Baumgarten	01:40:49	39	Male
12	8	Female	3	204	Dalene	Stiff	01:44:24	53	Female
12	9	Female	4	206	Carmen	Ashby	01:46:08	37	Female
12	10	Female	5	63	Dawn	Esterhuysen	01:46:20	40	Female
12	11	Female	6	212	Linda	Bellas	01:57:17	63	Female
12	12	Female	7	65	Michelle	Mellet	02:02:37	31	Female
12	13	Female	8	58	Julie	De Jongh	02:06:31	30	Female

12	14	Female	9	57	Elize	van Niekerk	02:09:54	35	Female
12	15	Female	10	61	Maree	Adkins	02:22:15	30	Female
12	16	Female	11	60	Casandra	Groenewald	02:22:18	29	Female
12	17	Female	12	64	Ursuline	Loubser	02:33:42	43	Female

Distance	Overall Pos	Category	Cat Pos	RaceNumber	First Name	Surname	RaceTime	Age	Gender
17	1	Male	1	376	Rohan	Kennedy	01:13:18	31	Male
17	2	Male	2	76	Alfred	Tshabeni	01:13:20	37	Male
17	3	Male	3	76	Alfred	Tshabeni	01:15:13	37	Male
17	4	Male	4	395	Marsel	Roos	01:18:18	30	Male
17	5	Male	5	385	Brenton	Ashby	01:25:19	42	Male
17	6	Male	6	382	Mathew	Browne	01:25:58	42	Male
17	7	Male	7	379	Johannes	Alberty	01:26:01	40	Male
17	8	Male	8	389	Peter	Sanangurai	01:29:19	30	Male
17	9	Male	9	388	Sindisile	Tiwana	01:34:10	37	Male
17	10	Male	10	397	Brink	van der Merwe	01:35:22	44	Male
17	11	Male	11	383	George	Thom	01:36:34	44	Male
17	12	Male	12	384	Martha	Koekemoer	01:37:10	36	Male
17	13	Female	1	378	Melany	Porter	01:39:01	35	Female
17	14	Male	13	399	Anroux	du Toit	01:39:30	29	Male
17	15	Male	14	391	Matthew	Cooke	01:41:18	34	Male
17	16	Male	15	66	Kenneth	Bergh	01:43:06	45	Male
17	17	Male	16	68	Danie	Vermeulen	01:43:09	23	Male
17	18	Male	17	400	Philip	van der Merwe	01:47:07	42	Male
17	19	Male	18	72	Brian	Super	01:48:21	53	Male
17	20	Male	19	71	Ashley	Braver	01:48:23	43	Male
17	21	Male	20	377	Barrie	Porter	01:48:52	36	Male
17	22	Male	21	398	Willem	Visso	01:55:14	42	Male
17	23	Female	2	390	Trixie	Vlok	01:56:38	37	Female
17	24	Female	3	394	Azanne	van Wyk	01:57:54	37	Female
17	25	Male	22	393	Johan	van Wyk	01:57:55	42	Male
17	26	Female	4	381	Molly	De Bruyn	02:11:08	38	Female
17	27	Male	23	396	Matthew	Dwyer	02:14:47	48	Male
17	28	Female	5	380	Louisse	Collins	02:24:42	46	Female
17	29	Male	24	392	Aubrey	Wyngaard	02:26:04	53	Male
17	30	Male	25	386	Johan	Le Roux	02:58:43	61	Male
17	31	Female	6	387	Ryra	Solomon	02:58:47	49	Female