

Race Number	Category	Start Time	End Time	Total Time	Name	Surname	Gender	Overall	Class
211	25 km MTB	07:59:15 AM	09:09:33 AM	01:10:18	Jarryd	Haley	m	1	1
243	25 km MTB	07:59:15 AM	09:16:31 AM	01:17:16	Hein	Bingle	m	2	2
236	25 km MTB	07:59:15 AM	09:16:32 AM	01:17:17	Albert	Anderson	m	3	3
230	25 km MTB	07:59:15 AM	09:17:49 AM	01:18:34	Mathew	Yorke	m	4	
184	25 km MTB	07:59:15 AM	09:24:52 AM	01:25:37	Pierre	Malherbe	m	5	
179	25 km MTB	07:59:15 AM	09:26:01 AM	01:26:46	John	Versfeld	m	6	
207	25 km MTB	07:59:15 AM	09:26:40 AM	01:27:25	Gerard	van Weele	m	7	
176	25 km MTB	07:59:15 AM	09:29:29 AM	01:30:14	Wynand	Haywood	m	8	
196	25 km MTB	07:59:15 AM	09:31:41 AM	01:32:26	Graham	Tjabring	m	9	
237	25 km MTB	07:59:15 AM	09:32:03 AM	01:32:48	Johann	Anderson	m	10	
217	25 km MTB	07:59:15 AM	09:33:05 AM	01:33:50	Sim	Swart	m	11	
235	25 km MTB	07:59:15 AM	09:34:00 AM	01:34:45	Phelia	Burger	f	12	1
247	25 km MTB	07:59:15 AM	09:34:03 AM	01:34:48	Francois	de Villiers	m	13	
266	25 km MTB	07:59:15 AM	09:34:34 AM	01:35:19	Hugo	van Veen	m	14	
241	25 km MTB	07:59:15 AM	09:37:38 AM	01:38:23	Rod	Bloomer	m	15	
210	25 km MTB	07:59:15 AM	09:38:08 AM	01:38:53	Tanyi	Rosch	f	16	2
254	25 km MTB	07:59:15 AM	09:38:19 AM	01:39:04	Gavin	Carstens	m	17	
194	25 km MTB	07:59:15 AM	09:38:52 AM	01:39:37	Jeanie	De Villiers	f	18	3
251	25 km MTB	07:59:15 AM	09:39:15 AM	01:40:00	Andre	Taljaard	m	19	
257	25 km MTB	07:59:15 AM	09:41:59 AM	01:42:44	Johan	Swart	m	20	
197	25 km MTB	07:59:15 AM	09:44:39 AM	01:45:24	Christiaan	Swart	m	21	
183	25 km MTB	07:59:15 AM	09:46:05 AM	01:46:50	Azel	Crous	f	22	
187	25 km MTB	07:59:15 AM	09:47:30 AM	01:48:15	Niel	Bount	m	23	
259	25 km MTB	07:59:15 AM	09:47:49 AM	01:48:34	Adam	Marshall	m	24	
195	25 km MTB	07:59:15 AM	09:47:57 AM	01:48:42	Caroline	Tjabring	f	25	
265	25 km MTB	07:59:15 AM	09:48:10 AM	01:48:55	Cameron	Pedersen	m	26	
204	25 km MTB	07:59:15 AM	09:50:39 AM	01:51:24	Gary	James	m	27	
238	25 km MTB	07:59:15 AM	09:51:08 AM	01:51:53	Shaun	Bonorchis	m	28	
242	25 km MTB	07:59:15 AM	09:52:00 AM	01:52:45	Eugene	Bingle	m	29	
215	25 km MTB	07:59:15 AM	09:53:00 AM	01:53:45	Stefan	van Roosen	m	30	
232	25 km MTB	07:59:15 AM	09:54:00 AM	01:54:45	Sally	Matusik	f	31	
240	25 km MTB	07:59:15 AM	09:55:00 AM	01:55:45	Christelle	Le Roux	f	32	
263	25 km MTB	07:59:15 AM	09:56:00 AM	01:56:45	Mark	Erwee	m	33	
260	25 km MTB	07:59:15 AM	09:57:00 AM	01:57:45	FP	Lotter	m	34	
198	25 km MTB	07:59:15 AM	09:58:00 AM	01:58:45	Michael	Wurbach	m	35	
234	25 km MTB	07:59:15 AM	09:59:00 AM	01:59:45	Andre	Heyns	m	36	
226	25 km MTB	07:59:15 AM	10:00:00 AM	02:00:45	Murray	Loubser	m	37	
220	25 km MTB	07:59:15 AM	10:01:00 AM	02:01:45	Corne	Loubser	m	38	
225	25 km MTB	07:59:15 AM	10:02:00 AM	02:02:45	Emma	Loubser	f	39	
264	25 km MTB	07:59:15 AM	10:10:55 AM	02:11:40	Cal	Tomlinson	m	40	
199	25 km MTB	07:59:15 AM	10:10:56 AM	02:11:41	Neville	Cowan	m	41	
227	25 km MTB	07:59:15 AM	10:11:57 AM	02:12:42	Richard	McDougall	m	42	
188	25 km MTB	07:59:15 AM	10:11:59 AM	02:12:44	Anneri	Du Plessis	f	43	
206	25 km MTB	07:59:15 AM	10:14:22 AM	02:15:07	Samantha	Braid	f	44	
182	25 km MTB	07:59:15 AM	10:15:14 AM	02:15:59	Henk	Crous	m	45	
268	25 km MTB	07:59:15 AM	10:15:17 AM	02:16:02	Cano	Terblache	m	46	
269	25 km MTB	07:59:15 AM	10:15:18 AM	02:16:03	Naas	Terblache	m	47	
185	25 km MTB	07:59:15 AM	10:18:17 AM	02:19:02	Cameron	Stodart	m	48	
177	25 km MTB	07:59:15 AM	10:19:51 AM	02:20:36	Philip	Le Roux	m	49	
258	25 km MTB	07:59:15 AM	10:20:02 AM	02:20:47	Tim	Forgan	m	50	
233	25 km MTB	07:59:15 AM	10:22:17 AM	02:23:02	Theo	Heyns	m	51	
205	25 km MTB	07:59:15 AM	10:23:33 AM	02:24:18	Claudia	Schindler	f	52	
192	25 km MTB	07:59:15 AM	10:25:49 AM	02:26:34	WJ	Cronje	m	53	
252	25 km MTB	07:59:15 AM	10:27:45 AM	02:28:30	Brandon	Slorgie	m	54	

253	25 km MTB	07:59:15 AM	10:27:47 AM	02:28:32	Kyle	Slorgie	m	55	
245	25 km MTB	07:59:15 AM	10:31:35 AM	02:32:20	Carol	Smith	f	56	
244	25 km MTB	07:59:15 AM	10:31:35 AM	02:32:20	Shaun	Smith	m	57	
200	25 km MTB	07:59:15 AM	10:34:09 AM	02:34:54	Jane	Immelman	f	58	
239	25 km MTB	07:59:15 AM	10:36:56 AM	02:37:41	Brenda	Loubser	f	59	
189	25 km MTB	07:59:15 AM	10:40:02 AM	02:40:47	Craig	Matodes	m	60	
246	25 km MTB	07:59:15 AM	10:47:45 AM	02:48:30	Allan	Youens	m	61	
229	25 km MTB	07:59:15 AM	10:51:39 AM	02:52:24	Ivan	Williams	m	62	
267	25 km MTB	07:59:15 AM	10:51:52 AM	02:52:37	Lorisa	Oberholzer	f	63	
191	25 km MTB	07:59:15 AM	10:54:32 AM	02:55:17	Maryna	Strydom	f	64	
190	25 km MTB	07:59:15 AM	10:54:37 AM	02:55:22	Surita	Madson-Uribois	f	65	
208	25 km MTB	07:59:15 AM	10:59:22 AM	03:00:07	Dirk	Troost	m	66	
209	25 km MTB	07:59:15 AM	10:59:24 AM	03:00:09	Jan	Troost	m	67	
248	25 km MTB	07:59:15 AM	11:00:18 AM	03:01:03	Linkie	Troske	f	68	
249	25 km MTB	07:59:15 AM	11:00:26 AM	03:01:11	Carin	de Beer	f	69	
228	25 km MTB	07:59:15 AM	DNF		Brian	Williams	m	70	
231	25 km MTB	07:59:15 AM	DNF		Hugh	Honey	m	71	

Race Number	Category	Start Time	End Time	Total Time	Name	Surname	Gender	Overall	Class
471	5 km MTB	08:03:08 AM	08:25:39 AM	00:22:31	Arron	Templer	m	1	1
475	5 km MTB	08:03:08 AM	08:25:43 AM	00:22:35	Teagan	Foxcroft	m	2	2
470	5 km MTB	08:03:08 AM	08:25:51 AM	00:22:43	Zephan	Potgieter	m	3	3
481	5 km MTB	08:03:08 AM	08:26:07 AM	00:22:59	Matthew	Erwee	m	4	
467	5 km MTB	08:03:08 AM	08:28:54 AM	00:25:46	Nicholas	Erwee	m	5	
469	5 km MTB	08:03:08 AM	08:28:59 AM	00:25:51	Stephan	Swart	m	6	
485	5 km MTB	08:03:08 AM	08:29:31 AM	00:26:23	Michelle	Michaels	f	7	1
479	5 km MTB	08:03:08 AM	08:30:43 AM	00:27:35	James	Stanley	m	8	
473	5 km MTB	08:03:08 AM	08:30:58 AM	00:27:50	Ben	Rattle	m	9	
495	5 km MTB	08:03:08 AM	08:31:30 AM	00:28:22	Tanner	Matodes	m	10	
477	5 km MTB	08:03:08 AM	08:31:33 AM	00:28:25	James	Rattle	m	11	
484	5 km MTB	08:03:08 AM	08:31:48 AM	00:28:40	Marcel	Matusite	m	12	
480	5 km MTB	08:03:08 AM	08:31:51 AM	00:28:43	James	Matusite	m	13	
478	5 km MTB	08:03:08 AM	08:32:00 AM	00:28:52	Kyle	Bonorchis	m	14	
468	5 km MTB	08:03:08 AM	08:32:12 AM	00:29:04	Rielle	Swart	f	15	2
483	5 km MTB	08:03:08 AM	08:33:56 AM	00:30:48	Joshua	Loubser	m	16	
482	5 km MTB	08:03:08 AM	08:34:00 AM	00:30:52	Nick	Loubser	m	17	
496	5 km MTB	08:03:08 AM	08:35:27 AM	00:32:19	Liam	Le Roux	m	18	
472	5 km MTB	08:03:08 AM	08:36:38 AM	00:33:30	Khyy-Rose	Rattle	f	19	3
465	5 km MTB	08:03:08 AM	08:36:49 AM	00:33:41	Tristan	Tomlinson	m	20	
476	5 km MTB	08:03:08 AM	08:45:22 AM	00:42:14	Di	Rattle	f	21	
617	5 km MTB	08:40:36 AM	09:29:15 AM	00:48:39	Mia	Steele	f	22	
466	5 km MTB	08:03:08 AM	DNF		Mandy	Erwee	f	23	
474	5 km MTB	08:03:08 AM	DNF		Ruby	Rattle	f	24	

Race Number	Category	Start Time	End Time	Total Time	Name	Surname	Gender	Overall	Class
551	10 km Run	08:16:32 AM	08:54:27 AM	00:37:55	Petrus	Oosthuizen	m	1	1
542	10 km Run	08:16:32 AM	08:56:11 AM	00:39:39	Sean	Privett	m	2	2
522	10 km Run	08:16:32 AM	08:57:26 AM	00:40:54	Duncan	Warburgh	m	3	3
552	10 km Run	08:16:32 AM	08:59:17 AM	00:42:45	David	Morris	m	4	
553	10 km Run	08:16:32 AM	08:59:19 AM	00:42:47	Jaco	Janse van Vuuren	m	5	
519	10 km Run	08:16:32 AM	09:00:00 AM	00:43:28	Gerda	van der Merwe	f	6	1
521	10 km Run	08:16:32 AM	09:00:00 AM	00:43:28	Lisa	du Plessis	f	7	1
518	10 km Run	08:16:32 AM	09:00:00 AM	00:43:28	Louise	Erasmus	f	8	1
506	10 km Run	08:16:32 AM	09:01:14 AM	00:44:42	Peter	Fossues	m	9	
511	10 km Run	08:16:32 AM	09:01:36 AM	00:45:04	George	Kloppers	m	10	

540	10 km Run	08:16:32 AM	09:02:15 AM	00:45:43	Henry	Matthee	m		11
528	10 km Run	08:16:32 AM	09:02:17 AM	00:45:45	Herman	Mostert	m		12
560	10 km Run	08:16:32 AM	09:03:19 AM	00:46:47	Ingrid	Peens	f		13
530	10 km Run	08:16:32 AM	09:05:38 AM	00:49:06	Hanlie	van der Westhuizen	f		14
527	10 km Run	08:16:32 AM	09:05:47 AM	00:49:15	Susari	Basson	f		15
537	10 km Run	08:16:32 AM	09:05:52 AM	00:49:20	James	Fawson	m		16
555	10 km Run	08:16:32 AM	09:06:04 AM	00:49:32	Werner	Du Preez	m		17
549	10 km Run	08:16:32 AM	09:06:37 AM	00:50:05	Rudo	Erasmus	m		18
543	10 km Run	08:16:32 AM	09:07:18 AM	00:50:46	Nicky	Eckstein	f		19
525	10 km Run	08:16:32 AM	09:07:56 AM	00:51:24	Stefan	Boshoff	m		20
524	10 km Run	08:16:32 AM	09:07:58 AM	00:51:26	Kirstin	Vilhoen	f		21
526	10 km Run	08:16:32 AM	09:09:17 AM	00:52:45	Marie	Louw	f		22
539	10 km Run	08:16:32 AM	09:10:17 AM	00:53:45	Albert	Oberholzer	m		23
557	10 km Run	08:16:32 AM	09:10:57 AM	00:54:25	Francois	Pywell	m		24
554	10 km Run	08:16:32 AM	09:14:31 AM	00:57:59	Driekie	van Dyk	m		25
517	10 km Run	08:16:32 AM	09:15:27 AM	00:58:55	Minette	Weirich	f		26
550	10 km Run	08:16:32 AM	09:16:19 AM	00:59:47	Suzelle	Erasmus	f		27
536	10 km Run	08:16:32 AM	09:16:36 AM	01:00:04	Richard	Franck	m		28
533	10 km Run	08:16:32 AM	09:16:38 AM	01:00:06	Gerhard	de Kock	m		29
509	10 km Run	08:16:32 AM	09:17:04 AM	01:00:32	Monique	Prinsloo	f		30
514	10 km Run	08:16:32 AM	09:17:14 AM	01:00:42	Belinda	Gaus	f		31
515	10 km Run	08:16:32 AM	09:17:16 AM	01:00:44	Nicolette	Cronje	f		32
516	10 km Run	08:16:32 AM	09:17:26 AM	01:00:54	Weirich	Rika	f		33
529	10 km Run	08:16:32 AM	09:17:44 AM	01:01:12	Bridget	Bengard	f		34
559	10 km Run	08:16:32 AM	09:17:47 AM	01:01:15	Barbara	Pearson	f		35
548	10 km Run	08:16:32 AM	09:18:00 AM	01:01:28	Kerry	Wyatt	f		36
547	10 km Run	08:16:32 AM	09:18:02 AM	01:01:30	Ian	Burton	m		37
538	10 km Run	08:16:32 AM	09:18:51 AM	01:02:19	Tania	Barnard	f		38
507	10 km Run	08:16:32 AM	09:19:44 AM	01:03:12	Aubbrey	Wyngaard	f		39
510	10 km Run	08:16:32 AM	09:20:14 AM	01:03:42	Karen	Wurbach	f		40
535	10 km Run	08:16:32 AM	09:22:15 AM	01:05:43	Sue	Franck	f		41
544	10 km Run	08:16:32 AM	09:22:19 AM	01:05:47	Janina	Blomerus	f		42
503	10 km Run	08:16:32 AM	09:22:22 AM	01:05:50	Riana	Steenkamp	f		43
558	10 km Run	08:16:32 AM	09:24:47 AM	01:08:15	Janika	Dorland	f		44
523	10 km Run	08:16:32 AM	09:25:12 AM	01:08:40	Piet	van Zyl	m		45
532	10 km Run	08:16:32 AM	09:25:16 AM	01:08:44	Johan	van Zyl	m		46
534	10 km Run	08:16:32 AM	09:27:25 AM	01:10:53	Linda	Bellas	f		47
512	10 km Run	08:16:32 AM	09:28:02 AM	01:11:30	Charlotte	Badenhorst	f		48
546	10 km Run	08:16:32 AM	09:28:11 AM	01:11:39	Mark	Cliff	m		49
545	10 km Run	08:16:32 AM	09:28:16 AM	01:11:44	Michelle	Cliff	f		50
508	10 km Run	08:16:32 AM	09:29:21 AM	01:12:49	Yolande	Pieterse	f		51
504	10 km Run	08:16:32 AM	09:30:30 AM	01:13:58	Leoume	Diedericks	f		52
531	10 km Run	08:16:32 AM	09:30:36 AM	01:14:04	Hardie	Michelle	f		53
556	10 km Run	08:16:32 AM	09:30:44 AM	01:14:12	Lara	Klopper	f		54
541	10 km Run	08:16:32 AM	09:33:43 AM	01:17:11	Elzahn	Matthee	f		55
520	10 km Run	08:16:32 AM	09:48:25 AM	01:31:53	Arlene	Erhenberg	f		56
513	10 km Run	08:16:32 AM	10:02:00 AM	01:45:28	Ronel	van der Merwe	f		57

Race Number	Category	Start Time	End Time	Total Time	Name	Surname	Gender	Overall	Class
617	5 km Run	08:19:54 AM	08:30:36 AM	00:10:42	Mia	Steele	f	1	1
632	5 km Run	08:19:54 AM	08:50:24 AM	00:30:30	Jeannie	de Vynck	f	2	2
630	5 km Run	08:19:54 AM	08:56:54 AM	00:37:00	Suzanne	Wiid	f	3	3
631	5 km Run	08:19:54 AM	08:56:55 AM	00:37:01	Jeani	Louw	f	4	
628	5 km Run	08:19:54 AM	08:56:57 AM	00:37:03	Ciska	Wiid	f	5	
604	5 km Run	08:19:54 AM	08:57:33 AM	00:37:39	Karen	Versfeld	f	6	

639	5 km Run	08:19:54 AM	08:58:51 AM	00:38:57	Anja Rauch	f	7
642	5 km Run	08:19:54 AM	08:59:27 AM	00:39:33	Maryna Bingle	f	8
638	5 km Run	08:19:54 AM	09:03:13 AM	00:43:19	Nicolas Rauch	m	9
640	5 km Run	08:19:54 AM	09:03:15 AM	00:43:21	Lee-Ann Rauch	f	10
619	5 km Run	08:19:54 AM	09:04:33 AM	00:44:39	Heidi Booyesen	f	11
629	5 km Run	08:19:54 AM	09:04:34 AM	00:44:40	Anja Rademeyer	f	12
605	5 km Run	08:19:54 AM	09:04:39 AM	00:44:45	Hayley Wyngaard	f	13
633	5 km Run	08:19:54 AM	09:08:02 AM	00:48:08	Susan Lochner	f	14
624	5 km Run	08:19:54 AM	09:08:06 AM	00:48:12	Kathy de Kock	f	15
621	5 km Run	08:19:54 AM	09:08:18 AM	00:48:24	Caryn Bonorchis	f	16
645	5 km Run	08:19:54 AM	09:11:35 AM	00:51:41	Tayanna Dorland	f	17
610	5 km Run	08:19:54 AM	09:11:37 AM	00:51:43	Rachel Troost	f	18
641	5 km Run	08:19:54 AM	09:13:58 AM	00:54:04	Gail Smith	f	19
622	5 km Run	08:19:54 AM	09:14:22 AM	00:54:28	Karia van Zyl	f	20
643	5 km Run	08:19:54 AM	09:14:51 AM	00:54:57	Magola du Toit	f	21
644	5 km Run	08:19:54 AM	09:15:32 AM	00:55:38	Wilma du Toit	f	22
634	5 km Run	08:19:54 AM	09:16:59 AM	00:57:05	Ane Koegelenberg	f	23
671	5 km Run	08:19:54 AM	09:17:06 AM	00:57:12	Miy Theart	f	24
625	5 km Run	08:19:54 AM	09:17:09 AM	00:57:15	Gianni Roodt	f	25
626	5 km Run	08:19:54 AM	09:17:11 AM	00:57:17	Izobelle Vermeulen	f	26
612	5 km Run	08:19:54 AM	09:17:20 AM	00:57:26	Anna Mae Trost	f	27
611	5 km Run	08:19:54 AM	09:17:24 AM	00:57:30	Kate Clarke	f	28
670	5 km Run	08:19:54 AM	09:17:42 AM	00:57:48	Aileen Theart	f	29
618	5 km Run	08:19:54 AM	09:17:52 AM	00:57:58	Chris van der Westhuizen	m	30
606	5 km Run	08:19:54 AM	09:18:25 AM	00:58:31	Danelle Wessels	f	31
608	5 km Run	08:19:54 AM	09:18:26 AM	00:58:32	Daniel Groenewald	m	32
627	5 km Run	08:19:54 AM	09:19:35 AM	00:59:41	David Bellas	m	33
607	5 km Run	08:19:54 AM	09:21:28 AM	01:01:34	Anneen Fourie	f	34
609	5 km Run	08:19:54 AM	09:21:29 AM	01:01:35	Morne Groenewald	m	35
615	5 km Run	08:19:54 AM	09:22:05 AM	01:02:11	Karin Anderson	f	36
616	5 km Run	08:19:54 AM	09:22:07 AM	01:02:13	Carli Anderson	f	37
635	5 km Run	08:19:54 AM	09:25:06 AM	01:05:12	Fransien Koegelenberg	f	38
637	5 km Run	08:19:54 AM	09:25:08 AM	01:05:14	Lyndi Koegelenberg	f	39
636	5 km Run	08:19:54 AM	09:25:10 AM	01:05:16	Johan Koegelenberg	m	40
613	5 km Run	08:19:54 AM	09:29:03 AM	01:09:09	Elna van Zyl	f	41
614	5 km Run	08:19:54 AM	09:29:07 AM	01:09:13	Rene Le Roux	f	42
602	5 km Run	08:19:54 AM	09:32:26 AM	01:12:32	Kaitlan Le Roux	f	43
603	5 km Run	08:19:54 AM	09:32:28 AM	01:12:34	Leilani Le Roux	f	44
601	5 km Run	08:19:54 AM	09:32:29 AM	01:12:35	Zander Le Roux	m	45